Twist - A New Individual Game Format to Add Variety to the Current Diet of Games

Twist is apparently popular in Spain and has French roots

The core of the game is that it combines both Medal and Stableford formats.

Twist

The front nine is played as a Medal. At the end of nine holes the number of (handicap) shots a player is entitled to for those nine holes, is deducted from the player's gross score.

For example a player with a playing handicap of 19.

Medal gross score 47, less 9 handicap shots = 38.

The back nine is played under Stableford regulations. At the end of these nine holes a player's total Stableford points is deducted from their front nine Medal score.

Stableford points scored = 18

$$38 - 18 = 20pts$$

The player with the lowest score wins.